

January 2012 Foster and Adoptive Newsletter

Important Notice:

Please make sure that you have your Foster Parent I.D. Card each time you visit the agency. If you do not have an I.D. Card or it is misplaced, please contact your Foster Care Caseworker.

Welcome To Our New Foster/Adoptive Families

Terry Paronish of Girard

Happy Anniversary

Thanks for another great year of service to children to the following foster families...

January

Tony and Jacqueline Brown
Rick and Mary Crawford
Ray and Carla Daniel
Daniel and Paula Drake
Kevin and Stacy Gavitt
Clifford and Cheryl Thomas

May you continue to be a blessing to all the children and their families.

Congratulations to our families who have finalized adoptions in December:

Rick and Mary Crawford

From the desk of Marcie Bashir- FPA President...

Happy New Year! I just want to express my thanks to the Children Services Board for approving the 2012-2014 Foster Parent Negotiation package on Dec. 20, 2011. We had a successful teamwork effort. Special thanks to: Cynthia Mason, Tracy Miller, Stephanie Kennedy, Dee Dee Prezioso, Rebecca Smeraglia, Sr Jean Orsuto, Becky Hall, Cathie Metz, Patricia Courtney and Ray Daniel for participating on the committee.

I also want to say thanks to the Agency for assisting the FPA in sponsoring the Annual Christmas Party held on Dec. 3, 2011. There were approx 200 persons in attendance and all the children had a great time. We appreciate all the contributions of food made by each foster family.

Finally, I want to say thanks to all the foster parents and staff who volunteered and assisted in the Christmas gift wrapping at the Eastwood Mall. We kept very busy and made some shoppers very happy by wrapping their gifts. The profit made from the gift wrapping will be put in the FPA Fund.

Thanks everyone for your support of the FPA and its events. Much peace and happiness to you in 2012.

Sandra Patrick submitted a reading in which she hopes will bring "smiles" to your faces:

Dirty Dishes prove I feed my family,
Full trash cans prove I clean up after their mess,
Messy floors prove that I let my children have fun,
Piles of clean clothes prove I keep my family in clean clothes,
A wet bathroom proves I bathe my child.
So the next time you walk into my house and see a "mess";
Think twice before you judge! ☺

FPA~ FAST Team

The following foster parents are members of our FAST team. They are advocates; they support and guide you when you have questions, concerns, or problems with your journey as a foster/adoptive parent. Never hesitate to call and gain from the wisdom and encouragement they offer, always in confidence.

Marci Bashir 330-369-8346
Sherri Davis 330-373-6622

Becky Hall 330-876-0649
Cathie Metz 330-876-0283

FPA Officers

Cathie Metz 330-876-0283 Sherry Davis 330-373-6622
Marci Bashir 330-369-8346 Pat Nolan 330-898-3145
Becky Hall 330-876-0649

2012 Foster Parent Association Meetings

The FPA is a group of foster and adoptive parents who organize activities for our children, offer information on the journey of fostering and adopting, always keeping you updated on any changes in laws, rules and classes regarding foster/adopting. They also hold fundraisers to help fund the children's activities that are not fully funded by CSB. New members are always needed, so don't hesitate to join us on the second Tuesday of 8 months out of the year! See you there!

Mark your calendar for the following FPA Meetings held at CSB in the Coffee Room once a month on Tuesdays at 6:30PM.

We look forward to seeing you there!

January 10
February 14
March 13

FPA Support Meetings

Our monthly support meetings are held on the 3rd Thursday of each month. This is a time of fellowship to support each other as we care for the children placed in our homes. At times, we all face trying and difficult situations with the children we care for and talking to other foster parents gives us the encouragement that we are not alone on this journey. Volunteers are needed to host a support meeting, so pick a month & please call one of the officers to let them know you are willing to help out. Thank you in advance!

The January FP Support Meeting will be held on Thursday, January 19, 2012 at the home of Richard and Trina Kneubehl, 7881 Service Ave., Masury, OH 44438, ph 330-448-2716.

The Stage Play "Alice in Wonderland"

Looking for something fun to do with the kids? Well...The Trumbull County Deputies Lodge #137 has donated several tickets to see the play "Alice in Wonderland".

When: Sunday, February 19, 2012
Time: 3:00 PM
Where: Packard Music Hall

If you are interested in attending, please call your Resource Caseworker for tickets and they will make arrangements to get the tickets to you.

January, February and March Foster Parent Trainings

Please register by calling (330) 372-2010 x 1403

REALIZE IT'S TIME TO EMPATHIZE: WORKING WITH PRIMARY FAMILIES – 949-41

Date: Wednesday, January 11, 2012 **Time:** 6:00 – 9:00 PM
Facilitator: Anthony President **Location:** Trumbull County CSB

Objectives:

- Gain insight and awareness into the distraught mental/emotional state of parents at the onset of losing custody of their children.
- Identify useful communication techniques to use in the midst of their distraught state to bridge the gap with parents.
- Learn the importance of helping children be empathetic with parents as they struggle to complete case plan objectives.

PACKING AND UNPACKING: HOW TO DEAL WITH THE BAGGAGE OF VISITATION – 928-11

Date: Saturday, January 21, 2012 **Time:** 9:00 AM – 4:00 PM
Facilitator: Jim Still-Pepper **Location:** Trumbull County CSB

Objectives:

- Uncover the issues created by visitation and how to manage them. Problem solve their families own issues regarding visitation.
- Understand the developmental effects of visitation.
- Develop an understanding of Adjustment disorder and Separation Anxiety Disorders and how to deal with them.

INTERVENTIONS WITH LYING AND STEALING – 925-40

Date: Thursday, January 26, 2012 **Time:** 6:00 – 9:00 PM
Facilitator: David Zidar **Location:** Trumbull County CSB

Objectives:

- Understand the cultural and social and functions of these most troubling behaviors.
- Learn how to manage your own behaviors when children lie and steal.
- Learn the functions of lying and stealing and develop methods to reduce these behaviors.

BEHAVIOR MANAGEMENT 1: MANAGING SURFACE BEHAVIORS WITH ACTING OUT CHILDREN – 925-1

Date: Wednesday, February 1, 2012 **Time:** 6:00 – 9:00 PM
Facilitator: Brian Lowery **Location:** Trumbull County CSB

Objectives:

- Learn the model for structuring a supportive and therapeutic setting for behaviorally challenged children.
- Review fundamental learning theory and examine twelve tried and true techniques for handling surface behaviors.

BEHAVIOR MANAGEMENT 2: VERBAL DE-ESCALATION – 926-1

Date: Wednesday, February 8, 2012 **Time:** 6:00 – 9:00 PM
Facilitator: Brian Lowery **Location:** Trumbull County CSB

Objectives:

- Examine how pre-placement experiences and current stressors affect behavior.
- Learn the skills of active listening, non-violent communication and de-escalation.
- Review levels of crisis and the conflict cycle.

THE OPENNESS PUZZLE: 3-2-1 CONTACT - 949-PA15-S

Date: Saturday, February 25, 2012 **Time:** 9:00 AM – 4:00 PM
Facilitator: Ann Bagley **Location:** Trumbull County CSB

Objectives:

- Review the reasons for openness in adoption and examine the many anxieties felt by adoptive parents in open relationships with birth parents.
- Explore different options in openness and identify guidelines for decision making about a when openness is appropriate.
- Understand the importance of collaborative communication.

WORKING WITH BIRTH PARENTS – MAKING IT A POSITIVE FOR EVERYONE - 928

Date: Thursday, March 8, 2012 **Time:** 6:00 – 9:00 PM
Facilitator: Sherry Doherty **Location:** Trumbull County CSB

Objectives:

- Understand the importance of the birth parent in the child's life.
- Understand the importance of visitation and the foster parent's role in visitation.
- Identify interventions to use when working with the birth parent.

WHEN LOVE IS NOT ENOUGH – SESSION 1 – SPOTLIGHT ON THE SUBJECT – 924-28

Date: Wednesday, March 14, 2012 **Time:** 6:00 – 9:00 PM
Facilitator: Kathleen Terry **Location:** Trumbull County CSB

Objectives:

- Identify attachment related issues in foster and adoptive children.
- Understand the definitions, types, causes and consequences of attachment disorders.
- Identify what happens if children are left untreated and the importance of the correct treatment.

PEELING BACK THE LAYERS: SEEING PAST OUR CHILDREN'S DEFENSE MECHANISMS – 952-13

(This class will include a finger painting activity. Participants should dress accordingly or bring a paint shirt.)

Date: Wednesday, March 21, 2012 **Time:** 6:00 – 9:00 PM
Facilitator: Beth Phillely **Location:** Trumbull County CSB

Objectives:

- Learn about defense mechanisms and how and why they are formed.
- Understand why foster children are likely to use defense mechanisms and the function they serve.
- Identify strategies to see past the defense mechanisms their children may be using and how to help develop mature and healthy defenses.

ADOLESCENTS IN FOSTER CARE AND EMOTIONAL RESILIENCY - 941**Date:** Saturday, March 24, 2012**Time:** 9:00 AM – 12:00 PM**Facilitator:** Lisa Dickson**Location:** Trumbull County CSB**Objectives:**

- Understand the need to develop boundaries, emotional health and the skills to build lifelong relationships.
- Gain awareness about the high rate of PTSD experienced by former foster children, and review an overview of symptoms associated with PTSD.
- Learn tools to illustrate boundaries and to map out a circle of supportive relationships for teenagers in foster care.
- Gain insights into the benefits and methods of involving adolescents in foster care as active agents in the healing process.

REAL LIFE 101: PREPARING ADOLESCENTS IN FOSTER CARE FOR INDEPENDENT LIVING – 941-20**Date:** Saturday, March 24, 2012**Time:** 1:00 PM – 4:00 PM**Facilitator:** Lisa Dickson**Location:** Trumbull County CSB**Objectives:**

- Explore the risk factors, resources and national best practices related to young people “aging out” of care.
- Identify activities including *Personal Mission Statement*, *Life Management Plan*, *Bridge to the Future* and *Ladder to Success*.
- Identify paths that young people can take to map out a successful adulthood.



Effective January 1, 2012

*BOARD RATE 2012

Child Age 0-9	\$ 27.65/day
Child Age 10-18	\$ 31.00/day
* Monthly clothing is included in per diem rate listed	

Clothing/Initial Placement 2012

(voucher- Foster parent to select Kmart or Burlington)

Child Age 0 -2	\$120.00
Child Age 3-18	\$200.00

*Winter Clothing 2012

(voucher- Foster parent to select Kmart or Burlington)

Child Age 0-3	\$ 60.00
Child Age 4- 18	\$ 110.00
* Only given during October - March	

Christmas Gift Cards 2012

Child Age 0-5	\$50.00
Child Age 6-10	\$80.00
Child Age 11-18	\$120.00

Activity Fee Reimbursement

Child Age 0-18	\$150.00/calendar year
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Mileage Reimbursement

55.5cent/mile* (subject to change according to Federal rate)

*The Warren Junior Women's League and
Trumbull County Children Services
Presents:*

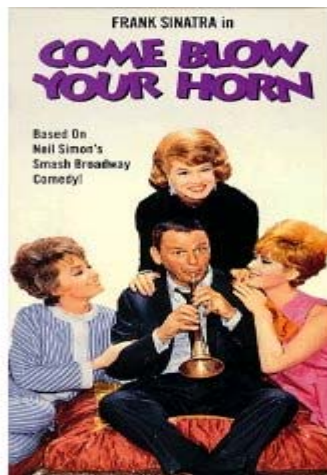
*An Evening at Trumbull New Theatre
January 19, 2012 (Thursday)
Hors d'oeuvres & Wine at 6PM – Show at 7PM
(set up begins at 5PM)*

COME BLOW YOUR HORN!

By Neil Simon

Directed by Emma Watson

Bored with living at home with his older Jewish parents, young Buddy Baker packs his bags and arrives unannounced at the luxurious Manhattan apartment of his older brother, Alan. Pleased at his brother's show of independence, Alan buys Buddy a flashy new wardrobe and introduces him to New York night life. Buddy is such an apt pupil that he soon takes over his brother's private stock of liquor and begins dating his girlfriends, while their horrified parents can only watch and pray. This farcical 60s romp became a hit movie starring Frank Sinatra.



***Tickets are \$15.00. Also, volunteers are needed to setup, clean up,
sell raffle tickets, and to bring fingers foods/dessert.
For more information, please contact Amanda at
(330) 372-2010 x1113***