



**September 2011
Foster and Adoptive Newsletter**

Important Notice

Please make sure that you have your Foster Parent I.D. Card each time you visit the agency. If you do not have an I.D. Card or it is misplaced, please contact your Foster Care Caseworker

Welcome to our New Foster/Adoptive Families

James Tsamparlis & Marguarite Dourm of Lordstown

Happy Anniversary

Thanks for another great year of service to children to the following foster families...

Donald and Theresa Hill

Richard and Kimberly Jacobson

Sandra Patrick

Debbie Provitt

James and Rukiya Pugh

Tawina Ragland

Dana and Dawn Srbnovich

*May you continue to be a blessing to
all the children and their families.*

**Congratulations to our families who have
finalized adoptions in August**

Frederick and Shirley Greene

Robert and Michelle Wicks



Condolences to the Ringold Family

We extend our condolences and prayers to foster/adoptive parents, Luther and Marion Ringold, and employee, Mark Ringold due to the passing of Mr. Ringold's mother, Missionary Caldonia Ringold . The Funeral Service was held on Wednesday, August 17, 2011 at Leavittsburg Church of God. The family expresses gratitude for all the cards, phone calls, food, and other acts of kindness during their time of bereavement.

2011 Foster Parent Association Meetings

The FPA is a group of foster and adoptive parents who organize activities for our children, offer information on the journey of fostering and adopting, always keeping you updated on any changes in laws, rules and classes regarding foster/adopting. They also hold fundraisers to help fund the children's activities that are not fully funded by CSB. New members are always needed, so don't hesitate to join us on the second Tuesday of eight months out of the year! See you there!

Mark your calendar for the following FPA Meetings held at CSB in the Coffee Room once a month on Tuesdays at 6:30 PM.

We look forward to seeing you there!

Sept. 13 @ 6:30

Oct. 11 @ 6:30

*Nov. 8 @ 6:30

*Special 1.5 hours credit for "Suicide Prevention" presentation by Fox Run Center for Children and Adolescents

FPA Officers

Cathie Metz 330-876-0283

Sherry Davis 330-373-6622

Marci Bashir 330-369-8346

Pat Nolan 330-898-3145

Becky Hall 330-876-0649



FPA Support Meetings

Our monthly support meetings are held on the 3rd Thursday of each month. For this month, the meeting will be held on September 22, 2011 at 6:30 PM in the home of Jason and Cathie Metz, 7630 SR 5, Kinsman, OH (330) 876-0283. This is a time of fellowship to support each other as we care for the children placed in our homes. At times, we all face trying and difficult situations with the children we care for and talking to other foster parents gives us the encouragement that we are not alone on this journey. Volunteers are needed to host a support meeting, so pick a month & please call one of the officers to let them know you are willing to help out. Thank you in advance!

FPA~FAST TEAM

The following foster parents are members of our FAST team. They are advocates, they support and guide you when you have questions, concerns, or problems with your journey as a foster/adoptive parent. Never hesitate to call and gain from the wisdom and encouragement they offer, always in confidence.

Marci Bashir 330-369-8346

Becky Hall 330-876-0649

Sherri Davis 330-373-6622

Cathie Metz 330-876-0283

Upcoming Events

- Fall Harvest Festival on October 1st
- One Church, One Child National Conference, October 12-14 at the Avalon Inn
- Christmas Party on December 3rd

September, October, November & December Foster Parent Trainings

Please register by calling (330) 372-2010 x 1403

BEYOND TIME OUT: MANAGING BEHAVIOR OF MALTREATED PRE-SCHOOL CHILDREN – 923-4

Date: Thursday, September 1, 2011 **Time:** 6:00 – 9:00PM
Trainer: Brian Lowery **Location:** Trumbull County CSB

Objectives:

- Learn the physical, cognitive and psychological development of preschoolers.
- Understand the effects of maltreatment during this stage of development.
- Learn positive parenting strategies for this stage of development.

HARD TARGET: KEEPING THEM SAFE IN CYBERSPACE - 945

Date: Wednesday, September 7, 2011 **Time:** 6:00 – 9:00PM
Trainer: Anthony President **Location:** Trumbull County CSB

Objectives:

- List the various ways today's youth use the internet.
- Understand why abused/neglected youth may be more drawn to the internet and more of a target of predators than typical youth.
- Identify the threats to children's safety and well being on the internet and strategies to effectively handle each threat.
- Know strategies they can use to protect children in cyberspace.

PROMOTING SELF-ESTEEM AND WELL-BEING IN CHILDREN -

Date: Wednesday, September 14, 2011 **Time:** 6:00 – 9:00PM
Trainer: Lonnie Helton **Location:** Trumbull County CSB

Objectives:

- Understand the wide range of feelings of a foster child and how the foster care experience affects a child's self-esteem.
- Identify techniques and exercises that may be used to enhance and promote self-esteem and feelings of well being in children in foster care.

RELATING TO PRIMARY FAMILIES:

UNDERSTANDING CHALLENGES, ISSUES AND STRATEGIES FOR SUCCESS – 928-FF12-S

Date: Saturday, September 17, 2011 **Time:** 9:00AM – 4:00PM
Trainer: Emily Wetherill **Location:** Trumbull County CSB

Objectives:

- Gain information about why the involvement of foster caregivers with primary families is critical for the child and both families.
- Enhance your skills in engaging primary families, managing conflict, diffusing issues, and developing strategies of support, expediting permanency for children.

COURT APPOINTED SPECIAL ADVOCATE (CASA):

UNDERSTANDING THE ROLE OF THE GUARDIAN AD LITEM IN CHILD WELFARE – 950-5

Date: Wednesday, September 28, 2011 **Time:** 6:00 – 9:00PM

Trainer: Beth Cardina **Location:** Trumbull County CSB

Objectives:

- Learn the history of the CASA program.
- Understand the roles and responsibilities of the CASA and how foster parents and CASA can work as a team for the best interest of the child.

HELPING CHILDREN DEAL WITH FEELINGS BEFORE AND AFTER VISITS – 928-10

Date: Saturday, October 1, 2011 **Time:** 9:00AM – 12:00PM

Trainer: Kim Langley **Location:** Trumbull County CSB

Objectives:

- Identify children's feelings by talking it out vs. acting it out.
- Identify strategies of preparing for the visit and returning from the visit.
- Understand anger in the child, the parent and the foster parent.
- Identify techniques to help children deal with their feelings about visits.

SIBLINGS WITHOUT RIVALRY - 926

Date: Saturday, October 1, 2011 **Time:** 1:00 – 4:00PM

Trainer: Kim Langley **Location:** Trumbull County CSB

Objectives:

- Understand the normal feelings of jealousy commonly found among both foster children and birth siblings.
- Learn six sets of skills and practice them, increasing your skills in creating cooperation, and limiting violence, bickering and comparisons.
- Recognize characteristics of oldest, only, middle and youngest children, as well as see the potential for birth order disruption when foster children enter a home that already contains children.

MANAGING THE HURT: WHEN YOUR FOSTER CHILD LEAVES – 947-8

Date: Thursday, October 6, 2011 **Time:** 6:00 – 9:00PM

Trainer: Kathy Lowery **Location:** Trumbull County CSB

Objectives:

- Identify the typical emotional reactions that resource parents experience when a child with whom they have become attached, leaves their home.
- Recognize that an array of feelings (anger, sadness, fear, guilt) may be manifest, which are normal and manageable.
- Explore several methods to cope and regulate these difficult emotions, while continuing to support foster children in their challenging transition.

FOSTER PARENT LIABILITY – 950-10

Date: Saturday, October 29, 2011 **Time:** 9:00AM – 4:00PM
Trainer: Norma and Jeff Ginther **Location:** Trumbull County CSB

Objectives:

- Learn the legal concept of liability and how situations of liability can arise.
- Learn strategies to limit liability of foster parents.

INTERVENTIONS WITH REACTIVE ATTACHMENT DISORDER – 924-24

Date: Wednesday, November 2, 2011 **Time:** 6:00 – 9:00PM
Trainer: David Zidar **Location:** Trumbull County CSB

Objectives:

- Develop an understanding of the origin of Reactive Attachment Disorder (RAD).
- Understand the influence of neglect, abuse and parental separation on children's behaviors.
- Learn best practices for children suffer for RAD.
- Understand the impact of RAD in parenting.
- Identify suggested parenting methods.

DEFUSING CRISIS SITUATIONS SAFELY AND SANELY – 926-FF10-S

Date: Saturday, November 19, 2011 **Time:** 9:00AM – 4:00PM
Trainer: Emily Wetherill **Location:** Trumbull County CSB

Objectives:

- Understand anger as an unmet need.
- Identify the stages of a developing crisis and build corresponding de-escalation skills.
- Assess how your own values, expectations, responses to anger and personal temperament can defuse a situation or contribute to even greater escalation.

CARING FOR TODDLERS WITH LOVE AND LOGIC – 925-56

Date: Wednesday, November 30, 2011 **Time:** 6:00 – 9:00PM
Trainer: Francesca Muscari **Location:** Trumbull County CSB

Objectives:

- Explore alternative ways of discipline, other than physical discipline.
- Learn discipline methods which are developmentally appropriate for toddlers.
- Learn effective discipline techniques for children who have been abused and neglected.

HOME INVASION: OVERCOMING MEDIA MADNESS – 925-57

Date: Thursday, December 1, 2011 **Time:** 6:00 – 9:00PM
Trainer: Anthony President **Location:** Trumbull County CSB

Objectives:

- Understand the pervasive problem of negative media, including television, video games, movies and music videos.
- Identify what can be done by caregivers to reduce the negative effects of media by instituting a media diet for children.

PRECARIOUS PREEMIES – CARING FOR A TINY MIRACLE – 923-36

Date: Thursday, December 8, 2011 **Time:** 6:00 – 9:00PM
Trainer: Ronna Johnson **Location:** Trumbull County CSB

Objectives:

- Explore the common causes of prematurity and understand the top health concerns for premature infants.
- Identify care giving strategies to foster optimal growth and development for preemies.

DISCIPLINE YOUR CHILDREN WITHOUT PUNISHING YOURSELF – 942-3

Date: Thursday, December 15, 2011 **Time:** 6:00 – 9:00PM
Trainer: Beth Philley **Location:** Trumbull County CSB

Objectives:

- Understand the difference between discipline and punishment.
- Identify your own parenting style and learn how to model expected behaviors. Use active thinking, token economies, feedback, and remediation to reduce oppositional behavior and arguments.
- Identify pre-planned responses to disciplinary issues and develop a behavior plan for your children.